

**SYMPTOM CRITERIA**  
**FOR A DIAGNOSIS OF ADHESIVE ARACHNOIDITIS (AA)**

Our research studies have shown that the spinal canal inflammatory diseases (SCID) arachnoiditis (ARC), and adhesive arachnoiditis (AA) are a major underlying cause for the development of IPS.

Our Arachnoiditis Research and Education Project studies have revealed a specific symptom pattern common among several hundred persons who have MRI-confirmed, lumbar-sacral AA.

Over 80% have these five symptoms:

1. Constant back pain with stabbing or shooting pains into the buttocks, legs, or feet.
2. Pain is lessened by standing or reclining.
3. Difficulty starting, stopping, or holding urination.
4. Burning or electrical shocks in feet.
5. Sensation of insects or water on the legs.

If a person has 3 or more of the symptoms shown here, a contrast lumbar-sacral MRI and blood tests for spinal canal inflammation are warranted.

Please bring this to your local doctor -diagnosis is essential to ensuring your future care.

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