

# What type of control do I have over my data?

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**We believe your data should be in your control at all times.**

You control what data you share with LunaDNA for health research.

You can delete some or all of your data at any time from your My Data page (<https://member.lunadna.com/my-data> (<https://member.lunadna.com/my-data>)).

From Settings, you can also choose to revoke consent or delete your account which will result in all of your data being deleted as well. Please see the [LunaDNA Consent Agreement](https://support.lunadna.com/en/support/solutions/articles/43000076335) (<https://support.lunadna.com/en/support/solutions/articles/43000076335>) for more details.

From your My Data page, you can also choose to download your own data that you shared with LunaDNA, at any time. This does not remove it from our platform, but provides easy accessibility to you if you need it.