



ADHESIVE ARACHNOIDITIS (AA)

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USE A THREE (3) COMPONENT MEDICAL PROTOCOL TO TACKLE AA

The major research discovery of recent years is that relief and recovery from AA is achieved with a three-component medical protocol. Many persons with AA are trying to control it with only symptomatic pain control drugs. Such an approach will only provide temporary or short-term benefit because long-term relief and recovery requires reduction of inflammation and regeneration of damaged tissue. With AA a 3 by 3 approach is best: the 3 components and 3 types of pain control. Here are the three medical components and the most popular agents reported to date:

<u>1. INFLAMMATION REDUCTION</u>	<u>2. TISSUE REGENERATION</u>	<u>3. PAIN CONTROL*</u>
Corticosteroid** Ketorolac Diclofenac	Human Chorionic Gonadotropin (HCG) Progesterone/Medroxyprogesterone Estradiol Testosterone Nandrolone/Oxandrolone	Low Dose Naltrexone (LDN) Opioids Oxytocin Ketamine
<u>NON-PRESCRIPTION</u>	<u>NON-PRESCRIPTION</u>	<u>NON-PRESCRIPTION</u>
Turmeric/Curcumin Palmitoylethanolamide (PEA) Adrenal Cortex Serrapeptase Andrographis Ashwagandha Traumeel® Boswellia	Colostrum Deer Antler Velvet Pregnenolone DHEA	Kratom CBD/Marijuana Three types of pain control are best: pain blocker, neuropathic agent, and dopamine substitute.

*Pain control usually requires a neuropathic agent: (e.g. gabapentin, tizanidine, pregabalin-others), and a dopamine substitute (e.g. phentermine, Adderal®, methylphenidate-others).

**Corticosteroids are dexamethasone, hydrocortisone, methylprednisolone, prednisone.



You must have a 3-component protocol.

Are you taking a medication from each component?



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